

## Appetizers

### **Hummus (VG) (GF) 5.99**

chickpeas pureed with tahini and lemon juice

### **Baba (VG) (GF) 5.99**

roasted eggplant pureed with garlic, tahini, and lemon juice

### **Falafel (VG) (GF) (N) 5.99**

mildly spiced vegetarian patties fried in peanut oil and served with tahini lemon dressing

### **Tabouli (VG) 5.99**

chopped parsley, diced tomatoes, onions, and bulgur, tossed with lemon juice, extra virgin olive oil, and herbs

### **Grape Leaves (VG) (GF) 5.99**

rolled grape leaves stuffed with rice, chickpeas, tomato, herbs, and spices

### **French Fries (VG) (GF) (N) 4.49**

fried in peanut oil and seasoned with za'atar (an ancient Mid-East herb)

### **Spicy Cauliflower (VG) (GF) (N) 5.49**

florets fried in peanut oil, sprinkled with herbs and spices, topped with tahini lemon dressing and hot sauce

### **Veggie Sticks (VG) (GF) 3.99**

carrots, celery, cucumbers, pickled cucumbers and turnips great for dipping; good alternative to pita

### **Kibbie (N) 6.99**

handcrafted croquettes of seasoned ground lean beef and bulgur filled with seasoned beef, onions, pine nuts, and fried in peanut oil

## Soup

### **Lentil (VG) (N) 4.49 add chicken (GF) +0.99**

organic red lentils seasoned with herbs and spices, topped with fried pita chips



## Fresh Pressed Juices



To preserve nutrients & health benefits,  
we don't strain our juice.

**6.99**

### **Mean & Green**

kale, spinach, cucumber, celery, ginger

### **Energize**

carrot, apple, celery, lemon, cucumber

### **Detox**

ginger, apple, beet, carrot

### **Immune Booster**

kale, spinach, cucumber, lemon, apple

### **Edgy Veggie**

celery, carrot, apple

### **Anti-Inflammatory**

orange, ginger, beet, carrot

### **Natural Energy**

celery, celery, celery, more celery

### **Slim Trim**

celery, ginger, apple

### **Empower**

lemon, orange, kale, spinach, ginger, apple, cucumber

## Smoothies

**6.49**



### **All Green**

apple, cucumber, banana, kale, spinach

### **Tropical Storm**

mango, guava, banana, pineapple

### **Rejuvenate**

orange, mango, banana, pineapple

### **Youthful Glow**

carrot, mango, banana, pineapple

### **Strawberry Blast**

strawberry, pineapple, banana

### **Boost It! .50/ea**

chia seeds | wheat germ | flax seeds

## Beverages

### **Tractor Organic Tea & Agua Fresca 3.00**

### **Pomegranate-Green / Black Tea 2.49**

all iced tea is unsweetened

### **All-Natural Cane Sugar Soda 2.49**

black cherry / lemon lime cola / diet

### **Sparkling Water Bottle 2.75**

# BOAZ

FRESH LEBANESE

2549 Lorain Ave.  
Cleveland, OH 44113  
216.458.9225

20630 John Carroll Blvd.  
University Heights, OH 44118  
216.417.7765

boazfresh.com

## Build Your Own Bowl

Base bowls 8.99 · Customize your bowl

### Choose a Base (CHOOSE UP TO TWO)

Greens	V	VG	GF
Lentils & Brown Rice	V	VG	GF
Brown Rice	V	VG	

### Choose a Protein (DOUBLE PROTEIN +\$1.99)

Seasoned Chicken 			GF	+1.99	
Falafel	N	V	VG	GF	+1.49
Grilled Chicken			GF	+1.99	
Beef Shawarma			GF	+2.99	
No Protein					

### Top it Off (DOUBLE TOPPING +1.50)

Hummus	V	VG	GF
Baba	V	VG	GF

### Add Some Color (CHOOSE UP TO FIVE)

Purple Cabbage	V	VG	GF
Fresh Bean Mix	V	VG	GF
Za'atar Pita Chips	V	VG	
Shredded Carrots	V	VG	GF
Tabouli	V	VG	
Salata	V	VG	GF
Pickled Cucumbers	V	VG	GF
Pickled Turnips	V	VG	GF
Banana Peppers	V	VG	GF
Tomatoes	V	VG	GF
Sumac Onions	V	VG	GF

### Dress it Up (CHOOSE UP TO TWO)

Tahini Lemon Dressing	V	VG	GF
Boaz Dressing	V	VG	GF
Mango Cilantro Dressing	V		GF
Hot Sauce	V	VG	GF
Garlic Sauce	V		GF

## Entrées

### Hummus Chicken (GF) 9.49

hummus topped with chopped grilled chicken, diced tomatoes, parsley

### Hummus Shawarma (GF) 9.99

hummus topped with beef shawarma, diced tomatoes, parsley

### Hummus Falafel (VG) (GF) (N) 8.99

hummus topped with falafel, diced tomatoes, parsley

### Vegan Combo (VG) (N) 8.99

hummus, tabouli, baba, falafel, grape leaves

### Boaz Combo (N) 8.99

hummus, baba, falafel, kibbie, salata

## Rolled Pitas

### Boaz Falafel (VG) (N) 6.49

falafel, tomatoes, pickled cucumbers and turnips, tahini lemon dressing

### Hummus Falafel (VG) (N) 6.49

hummus, falafel, tomatoes, pickled cucumbers and turnips

### Tawook 6.99

grilled marinated chicken, tomatoes, pickled cucumbers and turnips, garlic sauce

### Chicken Shawarma 6.99

grilled marinated chicken, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing

### Beef Shawarma 7.49

grilled seasoned beef sirloin, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing

### Lamb 7.99

grilled seasoned lamb, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing

### Chicken Curry 6.99

curried chicken, tomatoes, peas, onions, banana peppers, mango cilantro dressing

## Salads

### Fattoush (VG) 7.99

chopped romaine, spinach, salata, and pita chips seasoned with za'atar (an ancient Mid-East herb), tossed with lemon juice, fresh garlic, sumac, extra virgin olive oil

### Tabouli (VG) 7.99

chopped parsley, diced tomatoes, onions, and bulgur, tossed with lemon juice, extra virgin olive oil, and herbs

### Falafel Salad (VG) (GF) (N) 7.99

mixed greens, falafel, salata, tahini lemon dressing

### Shawarma Salad (GF) 8.99

grilled seasoned beef sirloin, mixed greens, salata, parsley, boaz dressing

## Dressing & Sauces

### Boaz Dressing (VG) (GF)

fresh garlic, olive oil, lemon juice, herbs and spices

### Tahini Lemon Dressing (VG) (GF)

sesame seed paste mixed with lemon juice

### Mango Cilantro (V) (GF)

### Garlic Sauce (GF)

### Homemade Hot Sauce (VG) (GF)

## Kids Menu

### Grilled Chicken and Fries 4.99

### Grilled Chicken and Rice 4.99

### Build Your Own Kids' Bowl 7.99

## DIETARY RESTRICTIONS?

VEGAN (VG)    VEGETARIAN (V)  
GLUTEN (GF)    CONTAIN NUTS (N)